



# **2023 SAA-BALTIMORE SWIMMER & VOLUNTEER PACKET**

# EVENT TIMELINE

\*Event Day Schedule is subject to change.

Event Day Timeline
<b>6:00 am:</b> Land Volunteers Arrive
<b>7:00 – 7:45 am:</b> Registration/Check In. There will be no event day changes to swim distance.
<b>7:45 am:</b> Welcome, Ceremony, and Safety Talk
<b>8:00 am:</b> National Anthem
<b>8:15 am:</b> All 3 Mile Swimmers in the Start Pen
<b>8:30 am:</b> 3 Mile Swim Start
<b>8:45 am:</b> All 1 Mile Swimmers in the Start Pen
<b>9:00 am:</b> 1 Mile Swim Start
<b>9:00 am:</b> Post Swim Meals Available for All Volunteers, Swimmers and Water Safety Starts
<b>11:00 am:</b> Everyone Out of the Water
<b>11:30 am:</b> Clean Up Begins

**Course cutoff time for all swimmers is 11:00 am.**

# VENUE & COURSE MAPS

## Registration Location

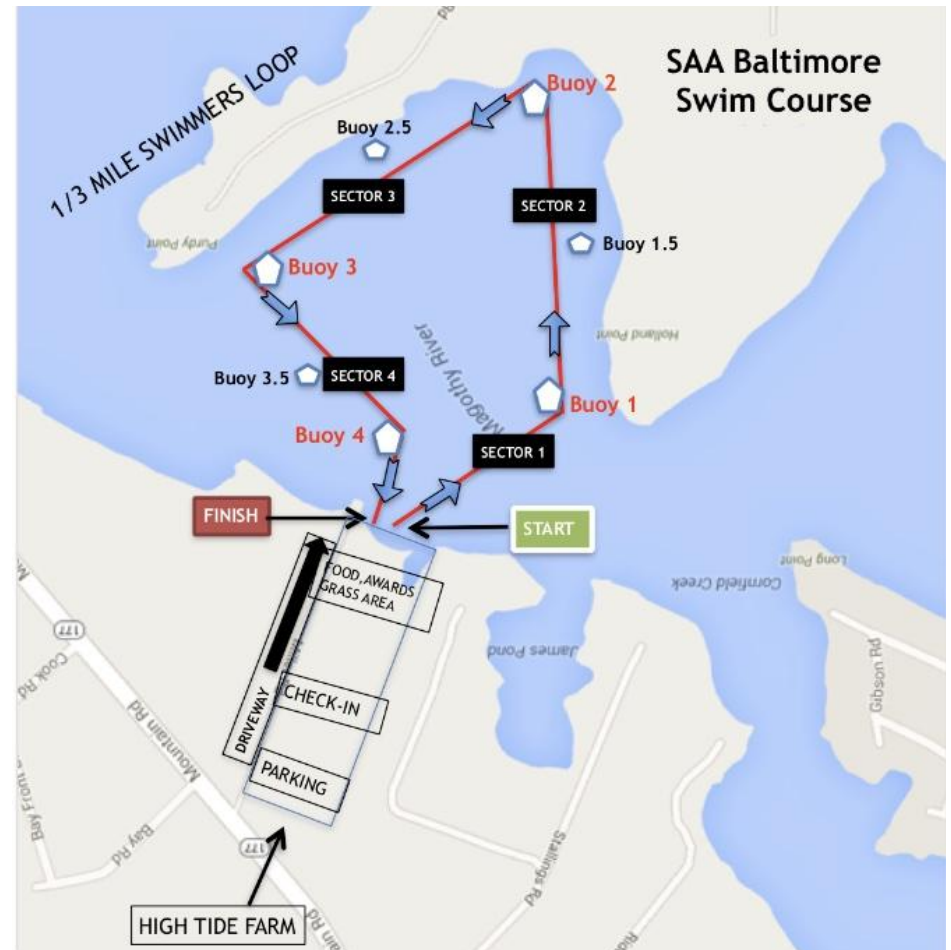
### [High Tide Farm](#)

5101 Mountain Road  
Pasadena, MD 21122

## Parking Info

There is ample parking in a large flat field at no cost. However, we ask that you consider carpooling to lessen the environmental impact and to avoid traffic congestion on the single lane road. There will be two Policemen to control the traffic from Rt. 177 into the field. Look for lighted filled balloons as you approach the turn into the parking lot.

## Course Map



# CHECK-IN & WHAT TO BRING

Upon arrival at 7:00 am, please park and proceed directly to the SAA Village, where you will find the Registration Area, which will be clearly marked. **Registration opens at 7:00 am and closes at 7:45am.**

Be sure to follow the signs and check in *as soon as you arrive* to receive your cap, safety chip, t-shirt and get body marked. **All swimmers and volunteers must check in and sign a [waiver](#).**

## **New swimmer check-in process this year - please read!**

Please know your safety chip number before entering the registration tent. **Check in will be based on your chip number NOT your last name.** [Find your chip number in this spreadsheet.](#) In case you forget, we will have a printed list at the waiver table for you to check before you enter the registration tent.

Once checked in, we invite you to visit our Tattoo Table, sign our Why I Swim banner, enter the Wavemaker Village (for our Wavemakers!) and relax among friends. Be sure to tag @saabaltimore in any photos you take and post to social media!

## **What to Bring**

1. **WAIVER** - Please print, fill out LEGIBLY and COMPLETELY and bring with you in order to swim. If you are under 18, your legal guardian must sign your waiver. [Click here for waiver form.](#)
2. **DONATIONS**- Please bring any additional donations you have in a sealed envelope labeled with your name clearly written on it, as well as the total amount, to present at Registration check in. We also accept credit card donations.
3. **ADDITIONAL ITEMS** - Swimsuit, 2 pair of goggles, sunscreen and a smile!

Each finisher will receive a **beach towel** when they come out of the water, compliments of our beneficiary:  
**Johns Hopkins Sidney Kimmel Comprehensive Cancer Center!**

## **Communication - Important! Please follow us on social media to get weather-related event changes.**

Any updates leading up to the event will be posted on the SAA - Baltimore [website](#), [Facebook page](#) and [Instagram page](#). Be sure to follow us if you are not doing so already! Additionally, in the event of a cancellation due to extreme weather or unexpected circumstances, an email will be sent out to all participants as quickly as possible. Additional event information is available on our website but is not updated as rapidly as on our social media feeds.

# VOLUNTEERS

Thank you for helping us Make Waves to Fight Cancer!

Upon arrival, please park and proceed directly to the SAA Village, where you will find the Registration Tent and a dedicated Volunteer Check-in table. **All volunteers must check in** and sign a [waiver](#).

**Land Volunteers**: Requested arrival time on Sunday, September 17 is **6:00 am**, to allow enough time to check in at Registration, sign a waiver, and prepare your station. Should you have any questions or need to update us on your status for Sunday, please email **Annie Applegarth** immediately at [annie@swimacrossamerica.org](mailto:annie@swimacrossamerica.org).

**Water Volunteers**: Suggested arrival time on Sunday, September 17, is **6:15-6:30 am**, to allow enough time to check in at Registration, sign waiver, and prepare your vessel. There is a **mandatory water safety meeting at 7:15 am**. You should have received an email with specific information in regards to your role and where to deploy your vessel. Should you have any questions or need to update us on your status for Sunday, please email **Hal Ashman** immediately at [halashman1@gmail.com](mailto:halashman1@gmail.com).

# SAFETY

**Safety** is our top priority at all SAA events and we ask that you comply with all SAA safety personnel and procedures\*.

- All swimmers are **required** to sign a waiver at Registration Check-in.
- 18 & under swimmers -- You must have a parent/guardian sign your [waiver](#). We recommend that you print the waiver IN ADVANCE, have a parent/guardian fill out, sign the waiver and bring the completed waiver with you to Registration check-in.
- **All swimmers are required to attend the Mandatory Safety Talk.**
- **All swimmers are required to wear the safety chip distributed at check-in.**
- All swimmers must wear the correct cap color assigned at registration. (Cap colors coordinate with distance.)
- All swimmers must be body marked.
- All swim distances will begin at the direction of the Event Director. For the safety of ALL, swimmers should only enter the water when specifically instructed to do so by SAA personnel.
- **Mp3 players and headphones are not allowed on the course. Snorkels are allowed by approval only.**
- ALL swimmers must adhere to the discretion of SAA safety personnel\*.
- **All swimmers are required to visit the Check-out table after swimming to ensure proper sign out and return of safety chip to ensure that ALL Swimmers are properly accounted for after the event.** Spectators are not permitted inside the start/finish chute unless otherwise approved.
- Swimmers must be at least 14 years old unless otherwise approved.
- Angel Swimmers will be present to help support swimmers who feel less comfortable in open water. If you are concerned about your ability to swim in open water, please contact **Annie Applegarth** at [annie@swimacrossamerica.org](mailto:annie@swimacrossamerica.org).

\*Swim Across America reserves the right to remove or move a swimmer's position along the course via approved safety methods and personnel as determined appropriate, or make any other operational changes thereof. All swimmers must follow the directions of SAA personnel. Noncompliance may endanger the participant or others, and may make the participant ineligible to participate in future Swim Across America events.

# POLICIES

## **Water Temperature and Wetsuit Policy**

Water temperature in Magothy River is in the low 70s. We are hopeful that recent storms and cooler temperatures have ward off any jellyfish. Wetsuits can be considered for protection, but are not required.

## **Inclement Weather Policy**

The safety of our events is our top priority. Due to the nature of open water swimming events taking place outdoors, safety concerns, including inclement weather, can necessitate a change to the original event plan. In the event of adverse weather conditions, the Event Director and Safety Coordinator, in conjunction with SAA National, local safety entities and/or law enforcement, may delay the event, modify the course, cancel the event, or move venue location. If safety concerns necessitate a change to the original event plan, Swim Across America will promptly notify participants via the event website, email and social media.

If you have questions about our policies regarding inclement weather, swim equipment or wetsuits, please consult our [Policies page](#).

# FUNDRAISING REMINDERS & TOOLS

## Fundraising reminders

Thanks to all of you for your fabulous fundraising efforts so far! Please remember that this event is about 'Making Waves to Fight Cancer' and the commitment you made to meeting the **fundraising minimum** when you registered for the event. (Swimmers 18 years of age and over: \$500; Swimmers under 18 or current college students: \$250)

Please bring any donated checks delivered directly to you or cash in a secure envelope with your name, amount, and donor details to the swim on Sunday. We also accept check(s), cash or credit cards on event day.

## Fundraising Made Easy

Here are some [great ideas](#) and [fundraising resources](#) any participant can use to improve their fundraising. Did you know most employers have a matching gifts program? Ask donors to check our [matching gifts](#) portal to see if they qualify.

## SAA Fundraising Mobile App

Fundraising gets easier with the [SAA Mobile App](#). With a few clicks, you can reach out to your donor contacts via text message, email or social networks and have a larger impact. Don't wait - [download](#) today!

## Be A WaveMaker at Your Swim

This year we are pulling out all the stops for our \$1,000+ fundraisers known as our WAVEMAKERS! If you have raised \$1,000 by Saturday, you are a WAVEMAKER! Make sure to stop by our **WaveMaker table** to get your [special SAA WaveMaker prize](#).

## Get Social and Win with @SwimOutlet

**Contest Details:** Want to show your love for Swim Across America and win a \$100 SwimOutlet.com gift card? It's as easy as taking an awesome SAA-spirited photo and tagging [@saaswim](#) and [@swimoutlet](#) when you post on Instagram. Show us the best the SAA community has to offer and we'll select the best [Instagram](#) photo that's posted from the swim.

## Top Fundraiser Wins an SAA x Gill Aqua Parka

This year, the top individual fundraiser will receive an SAA-branded [Gill Aqua Parka](#). Get to the top of the leaderboard to win yours!



# YOUR IMPACT

SAA-Baltimore funds benefit the [Sidney Kimmel Comprehensive Cancer Center](#). Established in 2009, SAA - Baltimore has raised over \$4.5 million to support cancer care in the Baltimore community.

A full timeline of achievements credited to SAA-Baltimore grants and future projects can be found [here](#). Research information for Swim Across America-Baltimore 2023 grants can be found [here](#).

Learn more about our beneficiary and your impact [here](#) or on the SAA-Baltimore [homepage](#).

