



# **2023 SAA-DALLAS SWIMMER & VOLUNTEER PACKET**

# EVENT TIMELINE

\*Event Day Schedule is subject to change. **Please arrive before check in closes at 8:15 am.**

Event Day Timeline
<b>7:30 am:</b> Registration Opens (Closes at 8:15 am)
<b>8:00 am:</b> Mandatory Safety Meeting for Water Volunteers
<b>8:15 am:</b> Welcome and Olympian Introductions
<b>8:20 am:</b> Awards and Check Presentation
<b>8:35 - 8:50 am:</b> Why I Swim Testimonials
<b>8:50 - 9:00 am:</b> Mandatory Safety Talk
<b>9:00 am:</b> 1 & 2 Mile Swim Start
<b>9:05 am:</b> 0.5 Mile Swim Start
<b>9:30 am:</b> Post Swim Jimmy Johns Available

# VENUE & COURSE MAP

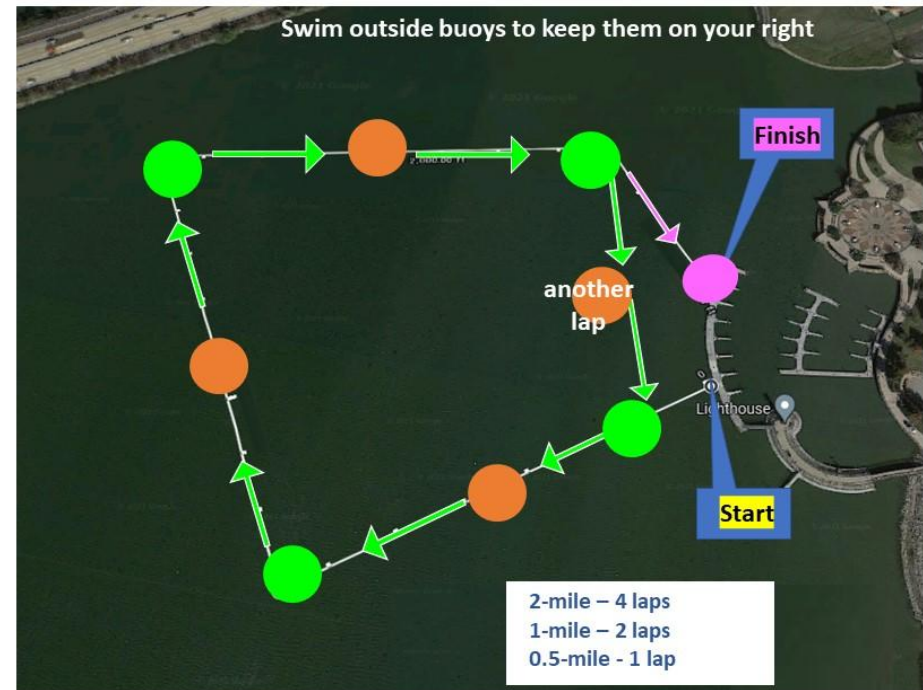
## Location

[Lake Ray Hubbard](#)  
2074 Summer Lee Drive  
Rockwall, TX 75032

## Parking

If you are driving to the swim on Saturday in the morning, there is parking available at 2074 Summer Lee Drive. Parking flag/attendants will direct you where to park.

## Course Map



# CHECK-IN & WHAT TO BRING

Upon arrival at 7:30 am, please park and proceed directly to the SAA Village, where you will find the Registration Area, which will be clearly marked. **Registration opens at 7:30 am and closes at 8:15 am.**

Be sure to follow the signs and check in *as soon as you arrive* to receive your cap, safety chip, t-shirt and get body marked. **All swimmers and volunteers must check in and sign a [waiver](#).**

Once checked in, we invite you to grab some food & water, visit our Tattoo Table, grab your river rock for your loved one, enter the Wavemaker Tent (for our Wavemakers!) and relax among friends. Be sure to tag **@dallassaa** on any photos you take!

## What to Bring

1. **WAIVER** - Please print, fill out LEGIBLY and COMPLETELY and bring with you in order to swim. If you are under 18, your legal guardian must sign your waiver. [Click here for waiver form.](#)
2. **DONATIONS**- Please bring any additional donations you have in a sealed envelope labeled with your name clearly written on it, as well as the total amount, to present at Registration check in. We also accept credit card donations.
3. **ADDITIONAL ITEMS** - Swimsuit, 2 pair of goggles, sunscreen and a smile!

**BAG CHECK** - We will have a bag check for you to keep your personal items during the swim.

Each finisher will receive a **beach towel** when they come out of the water!

**Communication - Important!** Please follow us on social media to get weather-related event changes.

Any updates leading up to the event will be posted on the SAA - Dallas [website](#), [Facebook page](#) and [Instagram page](#). Be sure to follow us if you are not doing so already! Additionally, in the event of a cancellation due to extreme weather or unexpected circumstances, an email will be sent out to all participants as quickly as possible. Additional event information is available on our website but is not updated as rapidly as on our social media feeds.

# VOLUNTEERS

Thank you for helping us Make Waves to Fight Cancer!

Upon arrival, please park and proceed directly to the SAA Village, where you will find the Registration Area and a dedicated Volunteer Check-in table. **All volunteers must check in and sign a [waiver](#).**

**Land Volunteers**: Requested arrival time on Saturday, September 23, is **6:30 am**, for enough time to check in at Registration, sign a waiver, and prepare your station. You will receive an email with your job assignment and arrival time by Tuesday evening (September 19). Should you have any questions or need to update us on your status for Saturday, please email [Cortney Spurger](#) or [Leslie Boatman](#).

**Water Volunteers**: Suggested arrival time on Saturday, September 23, is **7:00 am**, for enough time to check in at Registration, sign waiver, and prepare your vessel. **There is a mandatory water safety meeting at 8:00 am.** Water volunteers that are kayakers are encouraged to bring their own kayak and lifejacket if available. You should have received a call and an email with specific information in regards to your role and where to deploy your vessel. Should you have any questions or need to update us on your status for Saturday, please email [Olga](#) or [Mike](#) immediately.

# SAFETY

**Safety** is our top priority at all SAA events and we ask that you comply with all SAA safety personnel and procedures\*.

- All swimmers are **required** to sign a waiver at Registration check-in.
- 18 & under swimmers -- You must have a parent/guardian sign your [waiver](#). We recommend that you print the waiver IN ADVANCE, have a parent/guardian fill out, sign the waiver and bring the completed waiver with you to Registration check-in.
- **All swimmers are required to attend the Mandatory Safety Talk.**
- **All swimmers are required to wear the safety chip distributed at check-in.**
- All swimmers must wear the correct cap color assigned at registration. (Cap colors coordinate with distance)
- All swimmers must be body marked.
- All swim distances will begin at the direction of the Event Director. For the safety of ALL, swimmers should only enter the water when specifically instructed to do so by SAA personnel.
- Mp3 players and headphones are **not allowed** on the course.
- ALL swimmers must adhere to the discretion of SAA safety personnel\*.
- **All swimmers are required to visit the check-out table after swimming to ensure proper sign out and return of safety chip to ensure that ALL Swimmers are properly accounted for after the event.** Spectators are not permitted inside the start/finish chute unless otherwise approved.
- Angel Swimmers will be present to help support swimmers who feel less comfortable in open water. If you are concerned about your ability to swim in open water, please contact Mike Smit at [mikesmit@swimacrossamerica.org](mailto:mikesmit@swimacrossamerica.org).

\*Swim Across America reserves the right to remove or move a swimmer's position along the course via approved safety methods and personnel as determined appropriate, or make any other operational changes thereof. All swimmers must follow the directions of SAA personnel. Noncompliance may endanger the participant or others, and may make the participant ineligible to participate in future Swim Across America events.

# POLICIES

## Water Temperature and Wetsuit Policy

Expected water temperature is around 80 degrees. Wetsuits are allowed **by approval only**.

## Inclement Weather Policy

The safety of our events is our top priority. Due to the nature of open water swimming events taking place outdoors, safety concerns, including inclement weather, can necessitate a change to the original event plan. In the event of adverse weather conditions, the Event Director and Safety Coordinator, in conjunction with SAA National, local safety entities and/or law enforcement, may delay the event, modify the course, cancel the event, or move venue location. If safety concerns necessitate a change to the original event plan, Swim Across America will promptly notify participants via the event website, email and social media.

## \*\*2 Mile Swimmers Time Policy

Due to time restrictions placed upon the safety provide by the EMTs, the Dallas Police Department, and the Game & Fish officers, if you are swimming the 2-mile and have not completed 3 of your ½-mile laps by the time 1 hour has elapsed from the start of your swim, you will need to exit following the completion of your 3<sup>rd</sup> lap and **won't be permitted** to start your 4<sup>th</sup> lap.

If you have questions about our policies regarding inclement weather, swim equipment or wetsuits, please consult our [Policies page](#).

# FUNDRAISING REMINDERS & TOOLS

## Fundraising reminders

Thanks to all of you for your fabulous fundraising efforts so far! Please remember that this event is about 'Making Waves to Fight Cancer' and the commitment you made to meet the **fundraising minimum** when you registered for the event. (Swimmers 18 years of age and over: \$500; Swimmers under 18 or current college students: \$200)

Please bring any donated checks delivered directly to you or cash in a secure envelope with your name, amount, and donor details to the swim on Saturday. We also accept check(s), cash or credit cards on event day.

## Fundraising Made Easy

Here are some [great ideas](#) and [fundraising resources](#) any participant can use to improve their fundraising. Did you know most employers have a matching gifts program? Ask donors to check our [matching gifts](#) portal to see if they qualify.

## SAA Fundraising Mobile App

Fundraising gets easier with the [SAA Mobile App](#). With a few clicks, you can reach out to your donor contacts via text message, email or social networks and have a larger impact. Don't wait - [download](#) today!

## Be A WaveMaker at Your Swim

This year we are pulling out all the stops for our \$1,000+ fundraisers known as our WAVEMAKERS! If you have raised \$1,000 by Saturday, you are a WAVEMAKER! Make sure to stop by our **WaveMaker table** to get your [special SAA WaveMaker prize](#).

## Get Social and Win with @SwimOutlet

**Contest Details:** Want to show your love for Swim Across America and win a \$100 SwimOutlet.com gift card? It's as easy as taking an awesome SAA-spirited photo and tagging [@saaswim](#) and [@swimoutlet](#) when you post on Instagram. Show us the best the SAA community has to offer and we'll select the best [Instagram](#) photo that's posted from the swim.

## Top Fundraiser Wins an SAA x Gill Aqua Parka

This year, the top individual fundraiser will receive an SAA-branded [Gill Aqua Parka](#). Get to the top of the leaderboard to win yours!



# YOUR IMPACT

SAA-Dallas funds support early detection and innovative clinical trials at the Swim Across America Innovative Clinical Trials Center (ICTC) at Baylor [Charles A. Sammons Cancer Center](#). Established in 2011, SAA - Dallas has raised over \$3 million for our beneficiary. Thank you for your support of cancer care in Dallas.

Read about the research projects funded by SAA-Dallas in the latest impact report.

Learn more about our beneficiary and your impact [here](#) or on the SAA-Dallas [homepage](#).

